

HOME PRACTICE ~ A PARENT'S DAILY DOZEN- *Photocopy and use*

Name _____ For the week of _____

1. Listening—I played the recording today. (How many times?—show a tally or a number.)

1	2	3	4	5	6	7
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2. Setting a practice time—We agreed in advance on a time for today's practice (3). We practiced at the scheduled time (S) or at some other time (O).

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3. Preparing—I prepared for today's practice by...

- gathering the equipment and materials we need,
- consulting the notes I made at the last lesson, and
- making a list, plan, or practice chart.

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4. Initiating the practice—I gave my child some warning before calling him/her to practice.

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5. "Bracketing" the practice—We began and ended our practice with a bow.

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6. Giving practice a high priority—I gave our practice time a high priority. I gave my child my full attention, and did not answer the phone or do other tasks during practice time.

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7. Offering encouragement—I expressed sincere appreciation for my child's efforts, both verbally and non-verbally.

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8. Creating a positive environment—I created a positive environment today by . . .

- focusing on what my child *can* do,
- pointing out the things that my child does well,
- having a “one-point practice,” and
- staying calm, and responding constructively to any frustration or resistance.

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List some of the specific things that your child did well this week:

9. Giving choices—My child made some choices about how and what to practice today.

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10. Tonalization—Our practice included tonalization.

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11. Review—Our practice included review (/ = partial review, 7= complete review).

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12. Ending the practice—We ended the practice on a positive note.

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PARENT’S SUMMARY: What was today’s practice like?

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STUDENT’S SUMMARY: How did your practice partner do today?

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How did you do today?

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